



THIS WEEK'S MENU

WEEK COMMENCING
14 JANUARY 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	CHICKEN CHASSEUR	CHUNKY ROOT VEGETABLE & BEEF COTTAGE PIE	ROAST LEG OF PORK WITH STUFFING & APPLE SAUCE	RED THAI TURKEY CURRY	CRISPY BATTERED FISH WITH TARTAR SAUCE
VEGETARIAN	BUTTON MUSHROOM & CHICK PEA CHASSEUR	CHUNKY ROOT VEGETABLE & LENTIL COTTAGE PIE	RED PEPPER & BUTTERNUT SQUASH FRITTATA	RED THAI VEGETABLE CURRY	TOMATO, BASIL & MOZZARELLA PIZZA BREAD
POTATOES/RICE/PASTA	BOILED POTATOES		ROAST POTATOES	FRAGRANT RICE	CHUNKY CHIPS
VEGETABLES	SAVOY CABBAGE	SWEETCORN	MEDLEY OF SEASONAL VEGETABLES	GREEN BEANS	GARDEN PEAS
JACKET POTATO	JACKET POTATOES SERVED WITH A CHOICE OF TUNA, CHEESE & HOT OR COLD JACKET FILLING OF THE DAY				
SALAD BAR	A SELECTION OF SEASONAL SALADS AVAILABLE ON THE JACKET POTATO BAR				
FRUIT	DAILY SELECTION OF YOGHURT, FRESH SLICED FRUITS OR CHEESE & BISCUITS				
DESSERT	FRUIT SHORTBREAD	CHOCOLATE & ORANGE SPONGE	APPLE CRUMBLE & CUSTARD	HOMEMADE STRAWBERRY CHEESECAKE	FRESH FRUIT & ASSORTED YOGHURTS